



# BIKE UP YOUR LIFE

Life Changing Lessons from your Bicycle  
by Asaf Dekel, Success Coach



For further information  
on how to invite **Asaf Dekel**  
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for lectures, workshops and coaching

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## It is Fun and Exciting Dynamic and Inspirational!

With just one simple and easy to understand metaphor, the bicycle as a representation of the human state of mind

### You can change your life:

- **Find out** how to reclaim your energy, inner drive and aspirations
- **Discover** ways to harness your inner GPS to lead you to success

- **Outsmart** your mental obstacles and turn them into powerful advantages
- **Take charge** of the rider's seat and start moving forward now

